

SPECIALIST SYSTEMS · CORE PLATFORM

MHIS

Mental Health Information System

Sensitive, structured mental health records — assessments, therapy notes, medication management, and crisis care protocols.

MHIS provides structured clinical records for mental health facilities — psychiatric inpatient units, community mental health centres, addiction treatment programmes, and outpatient psychiatry clinics. It implements privacy-first data architecture, ensuring mental health records are accessible only to authorised mental health professionals.

AT A GLANCE

Privacy-first

record architecture

8+

validated scales

Crisis

care protocols

EN/FR

bilingual

EN / FR

Fully bilingual interface

HL7 FHIR

Interoperability standard

22

OPES systems it connects to

OVERVIEW

Built for African healthcare, not adapted for it

MHIS includes validated assessment tools (PHQ-9, GAD-7, AUDIT, CAGE, PANSS, YMRS) embedded in the clinical workflow, alongside structured therapy session notes, medication management (including depot injection scheduling), and crisis care protocols.

Who is MHIS for?

- ✓ Psychiatric inpatient units
- ✓ Community mental health centres
- ✓ Addiction treatment and rehabilitation programmes
- ✓ Outpatient psychiatry and psychology clinics
- ✓ NGO mental health programmes

Problems MHIS solves

- 1 Mental health records not appropriately privacy-protected**
MHIS records are isolated from general OPES EMR access — only authorised MH professionals can view.
- 2 Validated assessment tools not used consistently**
PHQ-9, GAD-7, PANSS, and other validated tools embedded in every assessment workflow.
- 3 Depot injection schedules missed**
Automatic alerts for due depot injections and long-acting medication administrations.

MODULES

Everything in one connected system

Each module activates independently — start with Registration and Consultation, add Lab, Pharmacy, and Billing as you grow.

Psychiatric Assessment

Structured psychiatric assessment with MSE, risk assessment, and validated rating scales.

- Mental State Examination (MSE)
- PHQ-9 · GAD-7 · PANSS · YMRS
- Suicide & risk assessment tools
- ICD-10 psychiatric diagnosis coding

Therapy & Session Notes

Structured notes for individual therapy, group sessions, and family therapy.

- Session type templates
- Progress note SOAP format
- Goal tracking & outcomes
- Group session attendance

Psychiatric Medication

Medication management with depot scheduling, side effect monitoring, and pharmacy integration.

- Depot injection schedule
- Side effect rating scales (UKU)
- Controlled substance registry
- Integration with PHARMIS

PATIENT WORKFLOW

How MHIS moves a patient through your facility

From the moment a patient arrives to discharge, every step is captured — and every department sees the full picture in real time.



1

Referral

From GP or self-referral



2

Assessment

Psychiatric & risk assessment



3

Diagnosis

ICD-10 coded



4

Treatment

Medication & therapy plan



5

Review

Outcome scales tracked over time

KEY BENEFITS

Why facilities choose MHIS



Privacy-protected records

Mental health records isolated from general clinical access — only authorised MH professionals.



Validated assessment tools

PHQ-9, GAD-7, PANSS and more embedded — no paper forms, consistent application.



Depot injection alerts

Never miss a depot injection — automatic alerts for every due administration.



Pharmacy integration

Psychiatric medications prescribed directly to PHARMIS including controlled substances.

MHIS connects everything

MHIS is the clinical core — every other OPES system feeds into it or reads from it.



MHIS — Clinical Core

OPESCare

OPES EMR

PHARMIS

REHABIS

Built to enterprise standards

Privacy

Record isolation **Separate access control from
OPES EMR**

Encryption **AES-256 at rest · TLS 1.3**

Access **Mental health professionals
only**

Languages **English · French**

See **MHIS** in your facility

Book a free demonstration tailored to your facility type. Contact our team to schedule a live demo, request a pilot deployment, or get a custom quote.

WEBSITE

www.opeshealthsystems.com

EMAIL

contact@opeshealthsystems.com

PHONE

+237 670 41 62 38

ADDRESS

Bonamousadi, Douala, Cameroon